CITY OF PICKERINGTON

2022 WINTER PROGRAMS

Please register at www.cityofpickerington.activityreg.com. As more programs become available, we will announce them on Facebook and update the registration website. We look forward to bringing a full schedule of programs to our parks this Spring and Summer.

Please call Parks and Recreation Department at 614-833-2211 or by e-mail: recreation@pickerington.net







Sledding available at Sycamore Creek Park hill

L'IL KIK

Directed by Grandmaster Stephens of Free Spirit Karate Clubs. Tae Kwon Do skills help build strength, agility and coordination. Students will learn at their own pace, and most importantly, will have fun, fun, fun! Social skills and coordination drills are wrapped together with our unique self-defense techniques.

Age: 3-7 years

Instructor: Master Sean Saffle

6 Weeks Fee: \$104

City Resident Discount Fee: \$83

Class	Date	Day	Time		
LK-01	Jan 13-Feb 17	Thu	5:30-6:00pm		
LK-02	Feb 24-Mar 31	Thu	5:30-6:00pm		

Location: American Free Spirit Karate Association 5953 E Main Street, Columbus, Ohio 43232

Kids in Karate - Adults Too!

Directed by Grandmaster Stephens of Free Spirit Karate Clubs. Tae Kwon Do skills help build strength, agility and coordination. The mental aspects builds self-confidence, self-control and mental-discipline. From kids to adults, it is great for the whole family. Everyone can benefit from this class.

Age: 6 years and up Instructor: Master Jennifer Jones 8 Weeks

City Resident Discount Fee: \$69 Fee: \$87 Class Date Day Time KIK-01 Jan 13-Mar 3 6:00-7:30pm KIK-02 Mar 10-Apr 28 6:00-7:30pm

Location: American Free Spirit Karate Association 5953 E Main Street, Columbus, Ohio 43232

Yoga for Beginners

Join us for this 4-week progressive class intended for novice yogis. This class will give you a strong foundation for your practice, teaching basic yoga alignment and poses frequently practiced in classes. Introduce yourself to breath work and meditation and connect your mind and body while learning to find a bit of peace and relaxation.

Age: 12 years and up Instructor: Kula Yoga staff

4 Weeks Fee: \$60

City Resident Discount Fee: \$50

Class	Date	Day	Time
YB-01	Jan 20-Feb 10	Thu	6:00-7:00pm

Location: Kula Yoga and Wellness 18 West Columbus Street

Little Ballers Basketball

Bally Sports Group provides children with a fun and educational first basketball experience. Players are taught the fundamentals of dribbling, shooting, passing, rebounding, defense and game concepts. The curriculum incorporates teaching styles that help this age group build an understanding of the skills that are taught by utilizing fun terminology and engaging activities. A positive and encouraging atmosphere is created in which kids learn proper sportsmanship. Each week players participate in developmentally appropriate instruction and recreational, non-competitive game play. Each player receives a team shirt. Optional: basketball (size 27.5)

Age: 4-6.5 years Instructor: Bally Sports Group 5 Weeks



Fee: \$88 City Resident Discount Fee: \$70

Class	Date	Day	Time
LB-01	Mar 1-Mar 29	Tue	5:30-6:30pm

Location: Violet Baptist Church 8345 Blacklick-Eastern Road NW

Shooting Stars Basketball

Bally Sports Group provides children with a fun and educational first basketball experience. Players are taught the fundamentals of dribbling, shooting, passing, rebounding, defense and game concepts. The curriculum incorporates teaching styles that help this age group build an understanding of the skills that are taught by utilizing fun terminology and engaging activities. A positive and encouraging atmosphere is created in which kids learn proper sportsmanship. Each week players participate in developmentally appropriate instruction and recreational, non-competitive game play. Each player receives a team shirt. Optional: basketball (size 27.5)

Age: 6.5-8 years Instructor: Bally Sports Group

5 Weeks

Fee: \$88



City Resident Discount Fee: \$70

Class Date Day Time SS-01 Mar 1-Mar 29 Tue 6:30-7:30pm

Location: Violet Baptist Church

8345 Blacklick-Eastern Road NW