



CITY OF PICKERINGTON

Office Use Only	
Received Date	_____
Instructor Assigned	_____

Parks and Recreation • 100 Lockville Road, Pickerington, OH 43147 • ph: 614-833-2211 • fax: 614-833-2201 • www.pickerington.net

2023 Private Swim Lesson Request Form

Participant's Name _____ Parent(s) Name(s) _____

Address _____ Participant's Date of Birth _____

City _____ State _____ Zip _____ Participant's Age _____ M/F _____

Phone (Home) _____ (Cell) _____ (Work) _____

Email (Required) _____

Emergency Contact _____ Phone _____ Relationship _____

Private Swim Lesson Information:

Private Swim Lessons are available at Pickerington Community Pool beginning June 5.

Private Swim Lessons are \$25 per 30-minute session per person and will be paid prior to each lesson at the Pickerington Community Pool front desk. Max 4 private swim lessons per participant.

To initiate Private Swim Lessons, turn in a completed Private Swim Lesson Request Form to the Pool Manager at the Pickerington Community Pool and a swim instructor will contact you within 1 week to schedule the private lesson.

Private Swim Lesson Requests do not guarantee availability of an instructor. Participant and instructor availability can impact the ability to fulfill Private Swim Lesson Requests. Private Swim Lesson Requests will not be accepted after July 14.

All Private Swim Lessons must be completed by July 28.

Failure to show up or notify the Pickerington Community Pool 614-864-3483 at least 2 hours before your Private Swim Lesson is scheduled will result in a \$25 penalty before the next Private Swim Lesson is completed.

If you arrive late to a lesson, the instructor will finish the remaining time of the scheduled lesson and is not expected to teach beyond the scheduled time.

No refunds will be given for Private Swim Lessons.

Accepted methods of payment include: Cash, Checks made payable to City of Pickerington, VISA and MasterCard.

City of Pickerington charges a \$35 returned check fee.

Based on the Swim Lesson Levels described on the back of this form, what level best describes the participant's current swimming skills (regardless of age)?

What days are you available for Private Swim Lessons?
(Circle all that apply)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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What time(s) are you available for Private Swim Lessons?
(Circle all that apply)

Mornings	Afternoons	Evenings
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What specific goals or skills are you wanting to achieve?

How many Private Lessons do you plan to utilize? _____

Do you want to request a specific instructor? If so, please list below.

Participant Information:

Private Swim Lesson Log					
Date	Start Time	Parent Signature	Instructor Signature	\$25 Payment (cash, check, CC)	Receipt Number

Office Use Only: Final Swim Lesson Date: _____ Swim Lesson Level Completed _____

Waiver for Participation

In consideration of permission granted to me or my child to engage in recreational activities and reservations, I, the undersigned, on behalf of myself, my heirs, executors, administrators and assigns, do hereby release and discharge the City of Pickerington, its employees, public officials, agents, officers, assigns and volunteers for any and all injuries suffered by myself and my child, claims, demands, actions, judgments and executions, which might occur on City of Pickerington premises and/or during City of Pickerington sponsored activities. I recognize and voluntarily accept all of the potential risks and hazards associated with participating in said activities, no matter how remote and unlikely. Further, I recognize the inherent danger involved in such activities and take full responsibility for my actions and physical condition. I hereby consent to receive medical treatment and hereby consent on behalf of my child to receive medical treatment, which may be deemed advisable in the event of injury, accident and/or illness during the event. I do hereby grant and give these groups the right to use my or my child's photograph or image with or without my or my child's name, both single and in conjunction with any persons or objects for any and all purposes including, but not limited to, private or public presentations, advertising, publicity and promotion relating thereto without compensation. I warrant that I have the right to authorize the foregoing uses and do hereby agree to hold the City of Pickerington harmless of and from any and all liability of whatever nature, which may arise out of result of such uses. The City of Pickerington reserves the right to cancel this agreement or make a decision on any situation not covered herein. I hereby acknowledge that he/she has read and agrees to comply with the terms and conditions of this agreement. For the consideration stated above, I hereby agree, on behalf of myself, my heirs, executors, administrators and assigns, to indemnify any, all or any combination of the aforesaid, jointly and severally and to hold harmless from and against any and all actions, claims, demands, liabilities, loss damage or expense of whatever kind of nature, including attorney's fees, which may at any time be incurred by reason of my preparation and/or participation in recreational activities and reservations.

Signature _____ Date _____

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This is a progressive swim program. Child must prove competency from previous level they attended.

Pre-requisite: Child must be potty trained and willing to get into shallow water without a parent or any floatation device.

Introduction to Swim Lessons

Jellyfish – Level 1 (2 foot depth)

Skills to pass:

- Blow Bubbles
- Kick on marshmallow with assistance
- Submerge face under water
- Kick on steps with straight legs and pointed toes
- Submerge whole body underwater
- Enter and exit water safely
- Bobbing motion by putting eyes, chin, ears and nose under water each time
- Optional – go down slide with assistance

Frog – Level 2 (2 foot depth)

Skills to pass:

- Kick on marshmallow
- Front and back float with assistance
- Front crawl arms with assistance
- Optional – go down slide with assistance

Manatee – Level 3 (2-5 foot depth)

Skills to pass:

- 10 bobs in chest deep water
- Front and back float
- Front and back crawl arms with assistance
- Front and back kick with assistance
- Front and back glide with assistance
- Retrieve object in chest deep water
- Jump in chest deep water and recover
- Go down slide with assistance

Penguin – Level 4 (2-5 foot depth)

Skills to pass:

- Front and back crawl arms
- Front and back kick
- Front and back glide
- Jump in water over head and recover
- Float in water over head while wearing a lifejacket
- Jump off diving board with assistance

Alligator – Level 5 (3-5 foot depth)

Skills to pass:

- 10 bobs in water over head
- Front and back crawl for 12.5 meters
- Elementary backstroke for 12.5 meters with assistance
- Retrieve object in water over head
- Tread water for 30 seconds
- Kneeling and standing front dive with assistance
- Go down slide
- Jump off diving board

Flying Fish – Level 6 (5 foot depth)

Skills to pass:

- Front and back crawl for 25 meters
- Elementary backstroke for 25 meters
- Breaststroke kick for 12.5 meters with assistance
- Sidestroke for 12.5 meters with assistance
- Tread water for 1 minute
- Standing front dive

Dolphin – Level 7 (5 foot depth)

Skills to pass:

- Front and back crawl for 50 meters
- Elementary backstroke for 50 meters
- Breaststroke for 25 meters
- Sidestroke for 25 meters
- Tread water for 2 minutes
- Front dive off diving board